



Worry-Free Regularity

First Brain-to-Gut Solution For GI Issues

Digexin not only acts directly on the gut, it also acts on the brain to send calming, pro-digestion signals to the gut for substantial GI improvements.

Constipation



98% ↓

Clinical studies reported Digexin decreased up to **98%** of **constipation symptoms**.

Regularity



14 days ↑

In just two weeks, research subjects moved from just **3 BM/week** to **7 BM/week**.

Digestion



4 hours ↑

Digexin sped digestion by **4hrs** and reduced **reflux, bloating,** and **indigestion** by over **90%**.

Mind Your Gut

97%

of Symptom Severity is Determined by **Stress**¹

Stress

Digexin reduces Cortisol 42% and Perceived Stress 28%, calming the gut for better digestion & a stronger gut barrier.

3X

More Likely to Have **Anxiety** With an FGID²

Anxiety

Digexin increases Serotonin 30% and eases Anxiety levels 24%, improving mood, motility, and improving regularity.

50%

Functional GI Disorders Originate in the **Mind**³

Sleep

Digexin improved Sleep Quality 90%. Sleep is critical for a healthy brain, sharp mind, and effective GI tract.

¹Chang L, et al. (2011) *Gastroenterology* ²Simon MH, et al. (2022) *Neurogastroenterology & Motility* ³Black CJ, et al. (2020) *The Lancet*

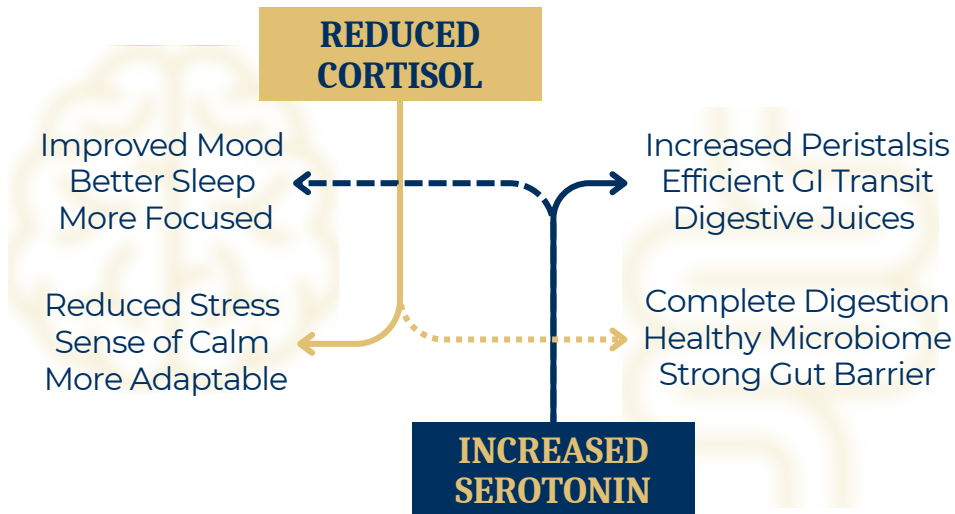


For Ordering Information
Innovation@FreemenNutra.com



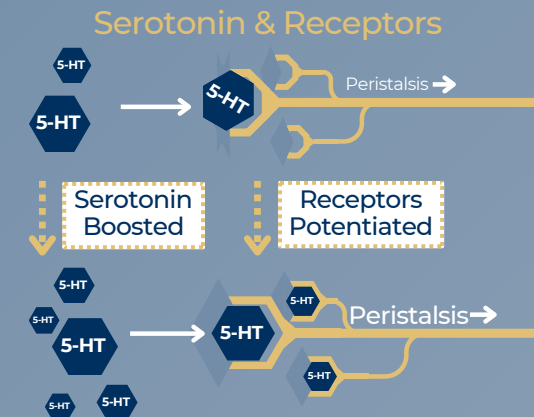
How Digexin Works

Prevent Cortisol Gut & Boost Serotonin Stimulation



Synergistic Effects

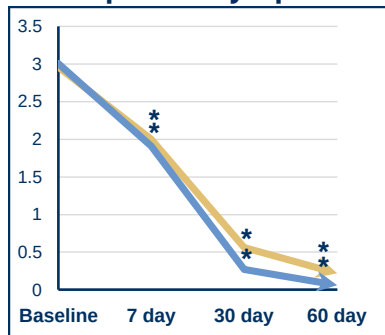
The Winter Cherry in Digexin boosts levels of gut serotonin and the Okra potentiates serotonin receptors for amplified activation. When combined, they synergistically stimulate peristalsis, making Digexin a highly effective motility and constipation solution.



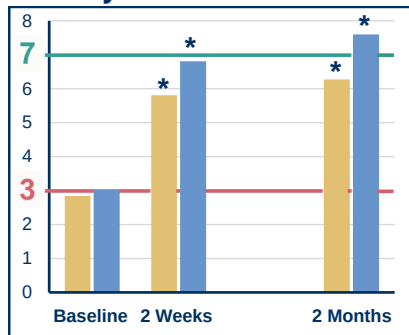
Clinical Research

Digexin is backed by two gold-standard, double-blind, randomized, placebo-controlled human clinical trials. Both reported large effect sizes, high efficacy, and consistent results.^{4,5}

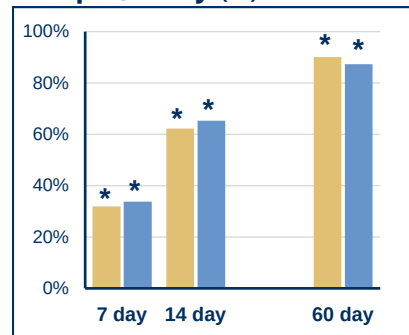
Constipation Symptoms



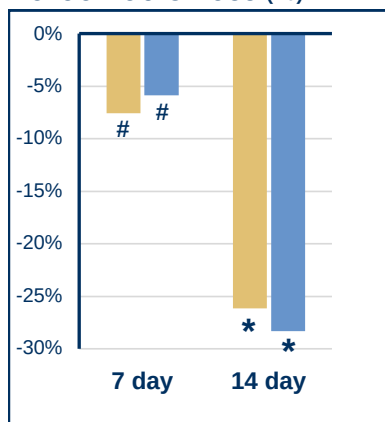
Weekly BMs



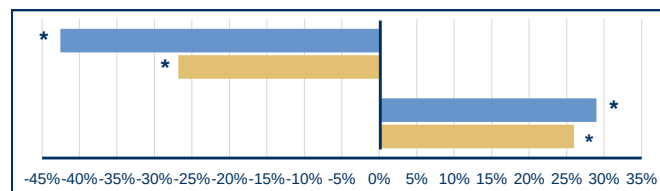
Sleep Quality (%)



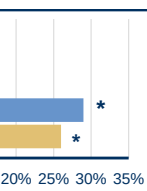
Perceived Stress (%)



Cortisol



Serotonin



GI Transit Time

	300mg		500mg	
	Pre	Post	Pre	Post
GIT (hr)	22.05	19.08	21.50	17.54
Change	-2.97 Hours		-3.96 Hours	

300mg

500mg

p<0.05 vs placebo

* p<0.001 vs placebo

⁴ Punukollu R, et al. (2024) *J Ethnopharmacol*
⁵ Singh G, et al. (2024) *JANA*